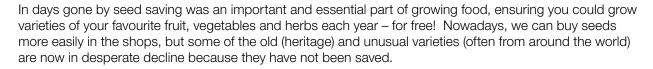
# Seed saving

### The importance of seed saving



### The benefits of you seed saving

- It's easy, fun and a great source of learning! experiment.
- · It's free seed saving provides you with a ready supply of seeds which you can share with other schools.
- · It offers you choice and variety save seeds from your favourite unusual fruit and vegetables.
- · Growing becomes easier each year as unusual varieties gradually become more acclimatised to your local growing conditions.

So, at the end of the growing season don't forget to save some of the seeds from the plants you have grown!

## For more seed saving tips...

Read these fantastic Garden Organic resources:

Seed saving guidelines: http://www.gardenorganic.org.uk/seed-saving-guidelines

Booklet: Seed saving in schools:

http://www.gardenorganic.org.uk/sites/www.gardenorganic.org.uk/files/resources/fflp/Seed-Saving-in-Schools.pdf

#### **ACTIVITY:**

### Learn to seed save

#### What you need

- 1. Some very ripe tomatoes 1 per pupil
- 2. Paper or kitchen towel
- 3. A sharp knife adult supervision required.

#### Method

- Cut the tomatoes in half. One tomato per pupil.
- Spread a paper towel out.
- **Squeeze out the inside of the tomato**, and collect the seeds in one pile. You may need to use water to wash off thicker pulp.
- Now, spread the seeds across the paper towel to dry. Make a pattern or write your name with the seeds.
- Write the pupils name, date and the type of seeds with a pen in one corner of the paper towel.
- Leave to drv.
- Store the seeds in a cool, dry place until they are ready to be
- To germinate fill a seed tray with compost, lay the paper towel on top and cover with 1cm of soil. Water and put in a warm environment.
- Water and put in a warm environment.
- Check every day to see if the seeds have started to grow.
- Watch the pupils name or pattern grow in seedlings!!

Save extra seeds in a dry, paper envelope not a glass or plastic container, as they can remain moist and rot.

Easy. Now try the same method for saving seeds from unusual fruit and vegetables!



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