

Find volunteers for your school garden through picnic activities

- **Arrange a community gardening day** – Invite the parents and the community in for a digging day where they get the opportunity to garden alongside their child at school. This could take place in preparation for, or on Grow Your Own Picnic Day (p6).
- **Organise a volunteer meeting** – If you want to create more of an ongoing support group, invite parents and carers to attend with their children and share ideas for the garden. Offer visitors picnic food, perhaps that pupils have grown in school. Ask them what they can offer, whether it is practical help, advice or donations of tools. Get them to sign up for a job there and then!
- **Arrange a volunteer gardening workshop** – often people prefer to be doing something practical than have a meeting. Food Growing Schools: London offers free volunteer training sessions if you can recruit a group of 10+ people: www.foodgrowingschools.org/get_involved/training/
- **Advertise for volunteers** – join Capital Growth and appear on their Space Finder map: www.capitalgrowth.org/spaces
- **Welcome Corporate Volunteers** – for a day or two each year to prepare the garden for growing your picnic. Use Capital Growth's Corporate Connect service or sign up to the annual Schools Big Dig - www.capitalgrowth.org
- **Apply for a volunteer through your local volunteer centre** – see list here: <https://do-it.org/>
- **Find support for your picnic from local businesses** – such as food, tools or hands on support – just ask! For example Hitherfield Primary School in Lambeth worked with a local chef to create their picnic, whilst Chase Bridge Primary School in Twickenham and Thomson House School in Mortlake worked with Petersham Nurseries (with support from School Food Matters): www.foodgrowingschools.org/support/business/



Be part of a wider growing community

The Food Growing Schools: London partnership brings together the very best of London's food growing expertise, information and support, with the ambition to inspire and equip every school in London to grow their own food.

- **Join us** – fill in the Food Growing Schools: London survey to tell us what support you need.
- **Sign up for our schools e-newsletter** – to be the first to hear about local opportunities.



Work with your local community:

Capital Growth is a network of all types of food growing spaces in London, and can signpost your school project to local advice, spaces, training and events within your local community, helping your school to find the wider support and inspiration to get growing.

Find out about all our partners: www.foodgrowingschools.org/about/ourpartners