

Curriculum Links and Resources

Cooking and nutrition are back on the curriculum as part of Design and Technology. Have you delivered a lesson yet? Our recipes (page 7) are easy ways to start cooking simple meals, using some home grown produce. For help to incorporate food growing into other subjects, visit:

www.foodgrowingschools.org/events/picnic

Key stage 1: Where does food come from?

A complete set of teaching resources developed by British Nutrition Foundation, for children aged 5-8 years, learning that all foods come from plants or animals:

www.tes.co.uk/teaching-resource/key-fact-1-all-foods-come-from-plants-or-animals-6048798

Key stage 2: Cooking a picnic

Involve pupils in the design of their picnic using the following picnic menu template:

www.tes.co.uk/teaching-resource/picnic-menu-6123614

Key stage 3: Growing Our Grain: The Science of Farming

This topic follows the farming year through the seasons and covers key issues faced by farmers when growing wheat. This lesson plan can be supplemented by growing some wheat seeds at school, planning when and how to grow based on the seasons, and recording the process. Finish by baking some bread using fresh herbs from the garden for your school picnic: www.grainchain.com

Key stage 4: The Big Lunch

Plan, grow, prepare and hold a Big Lunch for a community group and evaluate all aspects of the event including the menu design, food quality, venue layout, entertainment and budget:

www.tes.co.uk/teaching-resource/key-stage-3-4-activities-6348747



London schools learn to grow food at the Edible Garden Show 2015.
Photo: Jane Baker / Garden Organic

Many food growing activities can be used to teach curriculum subjects such as maths, science, design and technology, english and more.

www.grainchain.com/all-resources

